

KS4 option curriculum map

All students take part in a mandatory physical education curriculum for two hours each week. Students follow an options based curriculum where students select the sport they want to take part in each term. This allows students to have more autonomy over what they study and increases participation.

The focus throughout the year is leadership. In each lesson, students will have the opportunity to lead an aspect of the class such as a warm up, a drill, and activity or a game. This allows students to develop and improve their communication skills as well as increases their confidence speaking in front of other people.

Towards the end of the year, students will be invited to work with students from local primary schools organising different events and functions.

	<i>Autumn 1</i>	<i>Autumn 2</i>	<i>Spring 1</i>	<i>Spring 2</i>	<i>Summer 1</i>	<i>Summer 2</i>
<i>Year 10</i>	Football Netball Basketball GCSE	Rugby Badminton Volleyball GCSE	Football Table Tennis Basketball GCSE	Badminton Fitness Football GCSE	Athletics Rounder's Cricket GCSE	Athletics Softball Tennis GCSE
<i>Year 11</i>	Football Netball Basketball GCSE	Rugby Badminton Volleyball GCSE	Football Table Tennis Basketball GCSE	Badminton Fitness Football GCSE	Athletics Rounder's Cricket GCSE	N/A